

Change the record by Gary Bate

I don't know about you but I get some weird dreams! The other night there was this woman telling me that she was a certain way and my response was "change the record".

We all have this genetic record that's been playing since we were born and it's labelled THE PAST. It holds the genetic patterns of thinking (mindsets) and all of the conditioning we've been subjected to from day 1. It's our life on one LP that we keep playing...

We play the LP until it wears out and then we get a new one that is very similar to the old one...

I am reminded of the old TV show 'This is your life' that was hosted by Eamonn Andrews. You got a book of pictures and memorabilia at the end of the show. The life of memories (the past).

The mindset (DNA) is the blueprint for this record, this book of life. A 'chip off the old block' lives true to the blueprint. An evolving Soul changes the record for one of their own design.

So are you really your name? Are you really a part of XYZ family? Are you really a Human being? It depends because you are what you declare yourself to be and therein is how you limit yourself.

In my last piece (Schools of Thought) I talked about how our destiny is determined by our mind and this is consistent with the law of attraction. I talked about tyranny and victimisation, because they are the same consciousness and at the top of the consciousness level of this World. In other words, if we can move beyond tyranny & victimisation, we're in the sublime realm of unconditional love.

So we make a new record that doesn't include any past genetics. It's what we are free of family, culture, tradition, nationality, colour, race, creed and of course free of Human (body) identity. We are unlimited to the degree that we declare that we are and of course by virtue of how we live.

My dream is to empower myself and help others who want the same, because all of us can only go to where we know.

We are gods, so howsoever we declare we are is how we are. We are the truth-tellers unto our realities. The old record is the caterpillar and the new record is the butterfly...

In between lives we programmed our Souls and that is what we must remember. The skeleton of the butterfly is relying on our latent memory. The new record is the animation of the Soul programme.

I write to stimulate thought, to get you to contemplate and thus expand yourself. I'm on your side. I don't write to sell books because I sell very few. I've never been motivated by money.

We all have an incredible opportunity and that is to own this life, which means to move beyond the prevailing consciousness here. Many doors will open for us when we do so. Sure we can all be sexual beings and emotional beings and tyrannical beings; but we can also retire those lower aspects of consciousness and claim a seat at the table of extraordinary beings.

Decide how you want to be and declare that that is how you are. Changing your record is changing the balance in your thinking so that your common thinking reflects how you want to be more than the old record you are used to playing.

Evolution is nothing more than changing your mind ~ Gary Bate.

<https://www.whatstress.com/>